

PREDATORY DRUGS

A predatory drug can be ANY substance used to facilitate sexual assault. These drugs are often undetected as they are odorless and colorless when mixed with water. They tend to have a salty taste, but when mixed with alcohol, soda, or other beverages, they are virtually undetectable.

They metabolize quickly in the body leaving little physical evidence that the drug was ingested. A person can experience a "blackout" or anterograde amnesia where they are unable to recall what happened to them. While the victim is unconscious, she/he can be sexually assaulted. When the victim awakens, she/he has either no memory or a spotted memory of the sexual assault. Startling statistic: Nationally, 80% of sexual assault victims know their offender.



ALCOHOL

- Although society has not labeled alcohol as a date rape drug, it is a contributing factor in over half of all sexual assaults against persons older than 12.

ROHYPNOL

- Rohypnol (Roofies) is the brand name of a powerful sleeping pill. It is illegal in the U.S. but is still produced in Mexico, South America, Europe and Asia.
- Causes relaxation, reduced inhibitions, extreme sleepiness, short term amnesia, unconsciousness (almost equal to taking multiple Valium pills at one time).
- White, dime-sized pill, sold in bubble packaging with the "Roche" label.
- When dissolved in liquid it is usually colorless and odorless with a slightly bitter taste.
- Effects can occur 20 to 30 minutes after ingestion, lasting approximately 8 to 12 hours; it can be detected in the body up to 72 hours after ingestion.



GHB

- GHB (Liquid X) is an illegal central nervous system depressant.
- Causes nausea, vomiting, delusions, increased sensations, relaxation, euphoria, reduced inhibitions, unconsciousness, amnesia, blackouts, confusion, dizziness.
- Usually found as a colorless odorless liquid with a soapy or salty taste.
- Effects can occur within 10 to 20 minutes of ingestion and last up to 4 hours.



ECSTASY

- Ecstasy is an illegal drug with both stimulant and hallucinogenic effects.
- Causes euphoria, reduced inhibitions, hallucinations, sense of alertness, dehydration, elevated body temperature, involuntary teeth clenching/grinding, blurred vision, muscle cramping.
- Commonly found as tablets in many shapes and colors with various designs.
- Effects can last anywhere from 3 to 6 hours, and leaves the body in 12 hours.



KETAMINE

- Ketamine (Special K) is a "dissociative anesthetic" for human and veterinary use.
- Causes a trance-like state, dizziness, hallucinations, heightened senses, unconsciousness.
- Usually found as a clear liquid in a small pharmaceutical bottle and is most often cooked into a white powder.
- Effects can begin anywhere between 5 to 20 minutes after ingestion and last approximately 4 to 6 hours, but could take approximately 24 to 48 hours before feeling "normal" again.



THE EFFECTS OF PREDATORY DRUGS ARE INTENSIFIED WHEN COMBINED WITH ALCOHOL MAKING THEM EVEN MORE DANGEROUS AND POWERFUL.

WHERE CAN IT HAPPEN? WHO CAN IT HAPPEN TO?

DATES **RAVES** **DANCES**
House Parties **BARS** **NIGHTCLUBS**

BOYS **GIRLS** **ANY RELIGION**
ANY RACE **ANY AGE** **ANY STATE**
Women **Men**

WHAT CAN YOU DO TO PREVENT DRUG-INDUCED RAPE?

- Always go to parties, dances, raves, bars and nightclubs with a group of friends.
- Before going out, make an agreement with your friends that you will leave together at the end of the event no matter what happens.
- Trust your instincts.
- If you hear people kidding about date rape drugs—pay attention and consider leaving that situation.
- **Never leave your beverages unattended.**
- Never accept unsealed beverages from strangers or from people you don't know well.
- Don't drink anything out of a punchbowl or water cooler.
- Don't share or exchange drinks.
- If someone offers to get you a drink from the bar or at a party, go with the person to order your drink, watch the drink being poured and carry it yourself.
- Put your hand over your drink when talking with people.
- Be aware of someone who wants you to go outside for some "fresh air", especially if it is someone you just met.
- If you feel intoxicated and haven't drunk any alcohol or if you feel like the effects of alcohol are stronger than usual, get help immediately.

All information was compiled by the Prevention Resource Center of Drug-Free Hawaii for educational purposes only. Sources: www.whitehousedrugpolicy.gov; www.streetdrugs.org; NIDA Community Drug Alert Bulletin on Club Drugs, www.nida.nih.gov; Drug Enforcement Administration, www.rainn.org; www.joyfulheartfoundation.org; www.womenshealth.gov.

Prevention Resource Center
(808) 545-3228 ext. 34
(800) 845-1946
prc@drugfreehawaii.org
www.drugfreehawaii.org



COALITION FOR A
Drug-Free Hawaii
Prevention Through Education

IF YOU THINK YOU HAVE BEEN DRUGGED AND RAPED:

- ➔ Go to the police station or hospital right away
- ➔ Get a urine test as soon as possible; the drugs leave the system quickly
- ➔ Don't urinate before getting help
- ➔ Don't douche, bathe, change clothes, brush your teeth or wash your hands before getting help; these may give evidence of the rape
- ➔ Seek counseling or treatment; a counselor can help in the healing process.

WHERE CAN I GET HELP?

Rape, Abuse, Incest National Network (RAINN) Hotline:

(24 hour) 1-800-656-4673

Hawaii Coalition for the Prevention of Sexual Assault

733-9038

www.joyfulheartfoundation.org

Oahu:

Sex Abuse Treatment Center (24 hour): 524-7273

Domestic Violence Help Line: 531-3771

P.A.C.T. Domestic Violence Help Line: 585-7944

Hawaii:

Kapiolani Medical Center SATC (24 hour): 935-0677

Kauai:

YWCA Sexual Assault Treatment Program (24 hour): 245-4144

Maui/Lanai/Molokai:

Maui Child and Family Service (24 hour): 1-800-890-4318

Maui Child and Family Service Office: 877-6888

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